

Base Resources

- **Alcohol/Drug Abuse Prevention & Treatment Program (ADAPT)**
(505) 846-3305
 - Substance abuse education, prevention, and outreach
 - Individual, group counseling and follow-up for service members
 - Transitional and support services

- **Chapel Programs**
(505) 846-5000

- **Child Development Centers**
Gibson Child Development Center, (505) 846-1103
Maxwell Child Development Center, (505) 853-5521
 - Full Day Child Development Program
 - Hourly Care

- **Exceptional Family Member Program**
EFMP- FS (Family Support), (505) 853-1707
EFMP- M (Medical) Identification & Enrollment, Special Needs Coordinator (SNC), (505) 846-3244
EFMP- A (Assignments), Military Personnel Office, (505) 846-2354
EFMP FS page: <https://www.facebook.com/groups/595786147158257/>
 - Provide Support for Medical or Educational Needs
 - They often have functions to get together as a Community
 - Examples of Qualifying factors for EFMP
 - Needs care provided by a medical specialist.
 - Individualized Education Program, IEP, services being provided by the school
 - Individual Family Service Plan, IFSP, services being provided by a local agency for physical/speech/occupational therapies
 - Asthma with daily use of medications
 - Need for adaptive equipment or housing modifications
 - Current mental health needs or any inpatient or intensive outpatient mental health care within the past 5 years.

- **Family Advocacy**
(505) 846-0139
 - Baby Basics and Dads 101 classes
 - New Parent Support Program

- **Family Child Care**
(505) 846-1802
 - Home based childcare on Kirtland AFB and local community
 - Expanded Child Care Programs
 - Returning Home Care
 - Childcare for PCS

- **Health Promotion**
Health Promotion Program Coordinator, (505) 846-1186
Registered Dietitian, (505) 846-1483
 - Basic Nutrition/Healthy Living Program
 - Fitness Education
 - Bod Pod and InBody- Body Composition Assessment
 - Cholesterol/BP Education
 - Exercise Orientation
 - Stress Management
 - Tobacco Cessation

- **Immunization Clinic**
(505) 846-3101

- **Mental Health**
(505) 846-3305
 - Crisis intervention
 - Individual counseling
 - Psycho-education skill training
 - Group therapy

- **Military and Family Readiness Center- Family/Work/Life**
<https://www.kirtland.af.mil/About-Us/Airman-Family-Readiness-Center/>
(505) 846-0741
 - Information and Referral
 - Career Counseling
 - Spouse Tuition Assistance
 - Relocation Assistance
 - Financial Management
 - Air Force Aid
 - Family Life
 - Readiness/Deployment Support
 - Pre- and Post- Deployment Family Retreats
 - Transition Assistance
 - Loan Locker/Food Bank
 - Bundles for Babies/Layette Program

- **Military Family Life Counselors**
Child and Youth MFLC, (505) 350-6762, (505) 280-9016, (505) 250-7800
Youth Center, (239) 896-4076
Sandia Base ES MFLC, (505) 639-3524
 - Masters or PhD licensed counselors specializing in child and youth behavioral issues
 - Short term, non-medical counseling services for service members and their families
 - Issues addressed
 - School adjustment
 - Deployment and separation
 - Reunion adjustment
 - Sibling and parent-child communication
 - Behavioral concerns
 - Fear, grief, and loss
- Adult MFLC**, (505) 415-4027, (505) 440-2481, (505) 730-0080
National Guard and Reserves, (505) 920-3473
 - Masters or PhD level licensed counselors
 - Short term, non-medical counseling services for service members & their families
 - Works with individuals, couples, families, and children
 - Services covering life skills and military lifestyles
- **New Mexico National Guard State Family Programs**
150th Special Operations Wing Family Programs
 (505) 853-5668
- **Outdoor Recreation**
 (505) 846-1499
- **Pediatrics (377 Medical Group)**
 (505) 846-3200
- **Youth Program**
 (505) 853-KIDS (5437)
 - School Age Before & After School Programs servicing Sandia Base, Wherry, and Kirtland Elementary Schools
 - School Age Holiday and Summer Day Camps
 - Open Recreation Programs for youth aged 6-18
 - Sports Programs
 - Instructional Programs
 - Kirtland 4-H Club
 - Youth Employment Skills Program (YES)
 - Power Hour (Homework Help)

Helpful Websites

General School Information

Great Schools- www.greatschools.org

School Digger- www.schooldigger.com

Choosing a School for Your Child-

www.ed.gov/parents/schools/find/choose/index.html

Albuquerque Area Schools

Albuquerque Public Schools- www.aps.edu

APS Magnet Schools- <https://www.aps.edu/innovation/magnet-schools>

APS transfer information- <http://www.aps.edu/schools/transfers>

Rio Rancho Public Schools- www.rrps.net/

Los Lunas School District- <http://www.llschools.net/>

Moriarty-Edgewood School District- <http://www.mesd.us/>

Bernalillo Public Schools- <http://www.bernalillo-schools.org>

Belen Consolidated School District- <https://www.beleneagles.org/>

New Mexico Charter Schools- <https://webnew.ped.state.nm.us/bureaus/options-parents-families/charter-schools/>

New Mexico Public Education Department- <https://webnew.ped.state.nm.us/>

New Mexico Immunization requirements- www.nmhealth.org/about/phd/idb/imp

Private School Information

Private School Review- www.privateschoolreview.com

National Center for Education Statistics (NCES)-

<http://nces.ed.gov/surveys/pss/privateschoolsearch>

Home School Information

Home School- www.homeschool.com

Home School Central- www.homeschoolcentral.com

Home School Legal Defense Association- www.hslda.org

The Military Homeschooler- www.militaryhomeschoolers.com

Homework/Tutor Help/SAT & ACT Prep

Live Homework Help by Tutor.com- www.tutor.com/military

Online Homework Help by Brainfuse- <http://elportalnm.org/>

Free SAT/ACT preparation software program- www.eknowledge.com/military.asp

March 2 Success- <https://march2success.com/>

Military Family Information

Military Child Education Coalition- <https://www.militarychild.org/>

Operation Homefront- <https://www.operationhomefront.org/>

Military One Source- <https://www.militaryonesource.mil/>

National Military Family Association- <https://www.militaryfamily.org/>

Military Students on the Move-

<https://www.wrightslaw.com/info/mil.students.move.pdf>

Military Impacted Schools Association-

www.militaryimpactedschoolsassociation.org

Operation Military Kids- www.operationmilitarykids.org

American Association of Pediatrics- Smooth School Transitions: Tips for Military Families <https://www.healthychildren.org/English/family-life/family-dynamics/Pages/Smooth-School-Transitions-Tips-for-Military-Families>

Children with Special Needs Information

Specialized Training of Military Parents (STOMP)- <https://wapave.org/specialized-training-of-military-parents-stomp/>

Wrightslaw- <https://www.wrightslaw.com/>

Military OneSource Special Needs page (be sure to check the resources)- <https://www.militaryonesource.mil/family-relationships/special-needs>